



Does Dairy Intake Benefit Your Heart Health?!

... We could use your **HELP**
to find some **ANSWERS!**

The Richardson Centre for Functional Foods and Nutraceuticals (RCFFN) is conducting a nutrition study to investigate the effects of dairy consumption on markers of inflammation and health.



For more information, please
call: 204.298.5483

Email: rcffn@cc.umaniotba.ca

Website: www.rcffn.ca

Dr. Peter Jones, Principal
Investigator

*Volunteers who meet the
following criteria are invited:*

- *Generally healthy men and women*
- *Age 18-70*
- *Non smokers*

*Participants will be compensated
for their contribution to this study.
Dairy products will be provided
for daily intake upon
participation*